

## HEALTH AND SAFETY NOTICE REGARDING CORONAVIRUS COVID-19

This advice is in relation to Tailrace Community Church, Launceston Tasmania.

Last updated: 13 March 11am

### A Message from Sharon and Tim

Dear Friends,

We want to update you on Tailrace Community Church's response to the COVID-19 (Coronavirus) pandemic and the steps that we are taking.

We are closely monitoring advice from the Department of Health and following this advice. As advice from the Department of Health changes, we will reflect these changes in our policies and in this Notice. An up to date copy of this notice will be maintained at <http://www.tailracecommunitychurch.com.au>

We are also doing all that we can to ensure that the Tailrace Centre is maintained at the highest level of cleanliness and hygiene and are seeking to obtain hand sanitizers which will be made readily accessible.

We will continue to conduct our Sunday service at 10am but will monitor the situation as well as advice from the Department of Health and if deemed necessary will cease to conduct our Sunday services whilst the risk of contagion remains high.

We will also be live streaming our Sunday Service from this Sunday so that the service may be viewed from home via the Tailrace Community Facebook Group at <https://www.facebook.com/groups/NDCCommunityGroup/>

We will not be offering Communion until the risk from Coronavirus has subsided.

We will be spraying our pens and wiping down all seats and door handles regularly with anti bacterial wipes.

What we ask of you is that:

- If you or your child are feeling unwell in particular if you have cold or flu like symptoms (fever, cough, sore throat etc.), please do not attend any church activity such as church services or gatherings including youth, kids, small groups or other church activity until you are well again. Please stay home and rest, seek medical attention.
- If you have travelled from mainland China, Iran, Italy or the Republic of Korea within the last 14 days, do not attend.
- If you have been in close contact with someone who has tested positive, you should have already received medical attention and been instructed to be in home isolation and not attend.
- If you have a COVID-19 test result pending, please do not attend.
- We ask that you please practice good hygiene by frequently washing your hands with either soap or hand sanitiser.
- If you cough or sneeze, please turn so that you are not facing anyone and do so into a handkerchief or tissue which you then promptly dispose of in a safe manner.

- Please also restrict hand to hand contact at gatherings and use sensible precautions when in closer proximity to others. We recommend that you don't handshake or hug during this season.
- Parents, if your children are unwell, please keep them home. Any child who falls ill (fever, cough, runny nose) during a program will be required to be collected promptly.

We must all take the Coronavirus pandemic seriously as it's a serious global crisis with wide reaching effects. It's important that we must all do what we can to slow it's spread as well as minimising the risks to ourselves whilst at the same time ministering to those in need.

We can do this in a number of ways that include praying:

- for those who are infected with the virus
- that the virus will be slowed and its reach reduced
- that an effective vaccine will soon be developed and made available
- for the safety and strength of health workers
- for wisdom for our nation's and state's leaders
- for the livelihoods of many whose jobs and businesses are being effected

Other ways we can care for people include staying connected via phone and social media.

In the case of this who fall sick, cooking meals or helping with grocery shopping may be of great practical help, but please take care not to put yourself at risk if you do this. We recommend leaving the cooking or groceries near the front door and ensuring that direct contact does not take place.

### COVID19: Identifying the symptoms

Symptoms	Covid-19	Cold	Flu
 Fever	Common	Rare	Common
 Fatigue	Sometimes	Sometimes	Common
 Cough	Common (usually dry)	Mild	Common (usually dry)
 Sneezing	No	Common	No
 Aches and pains	Sometimes	Common	Common
 Runny or stuffy nose	Rare	Common	Sometimes
 Sore throat	Sometimes	Common	Sometimes
 Diarrhea	Rare	No	Sometimes for children
 Headaches	Sometimes	Rare	Common
 Shortness of breath	Sometimes	No	No

Source: WHO, Centres for Disease Control and Prevention

We pray that you will remain healthy and continue to let the love of Jesus shine through you in this season. If you have any queries please don't hesitate to contact us on 03 63274538.

Love and blessings,

Sharon and Tim O'Neill  
 Senior Leaders  
 Tailrace Community Church

